Make Claude write like a person, and save it as a skill

Here's how to set up what I showed in my video. You give Claude Wikipedia's list of the habits that make writing sound like AI, tell it to avoid them, and then save all of that as a skill, so you never explain it again. You won't write any code.

What you need

- **A Claude account** at claude.ai. Claude's help pages say skills are available on Free, Pro, Max, Ultra, Team and Enterprise plans. Anthropic's skills page says its example skills are available to paid plans, and the skill that builds skills (skill-creator) is one of them. So if you're on Free, check that it shows up in **Customize > Skills** before you start.

- **Code execution and file creation turned on.** Skills need it. Go to **Settings > Capabilities** and look for **Code execution and file creation** (called **Create and edit files** in the newer Settings layout). On Team and Enterprise plans, an owner turns it on in the organization settings.
- **A text you want fixed.** Pick something AI wrote for you that you plan to use, like a post or an email. Don't use anything private.

A skill is a saved set of instructions Claude follows when a job calls for it.

What it does

Wikipedia's editors keep a public page called Signs of AI writing. It lists the writing habits they see in chatbot text, with real examples. You hand that page to Claude, ask it to list the habits and avoid them, and then ask Claude to save the result as a skill called Humanize.

Two things to know before you start:

- **It makes writing sound less like AI. It doesn't beat detectors.** The same page says AI detection

tools “have non-trivial error rates” and can be thrown off by small changes to a text. No tool gives a guaranteed score, and neither does this.

- **The list was written for Wikipedia.** The page says some of its signs may not apply outside Wikipedia. It also says the signs are observations, not rules, and warns against treating them as the problem itself. Use it as a checklist of habits to avoid, and read what comes back.

Step 1: tell Claude what you want

Open a new chat at claude.ai and send:

```
I want you to humanize all my text from now on so it doesn't sound like AI.
```

Stay in this chat for the next steps. Everything Claude learns here is what the skill gets built from.

Step 2: give it the Wikipedia list

1 Open Wikipedia’s Signs of AI writing page.

2. Select the text of the page, copy it, and paste it into the same chat.
3. Send this with it:

> This is Wikipedia's page on the signs of AI writing. List every pattern on it that gives away AI-written text, in plain words, and never do any of them when you write for me.

Read the list Claude gives back. Today the page names things like “Not just X, but also Y” and “Not X, but Y” lines, groups of three, a set of overused “AI vocabulary” words, vague attributions, and endings that sum up “challenges and future prospects”.

One thing in the video is out of date. I said the em dash is the big tell. The page now files it under “Historical indicators”, for 2022 to September 2026, and says the newest models are more and more often built to avoid it. The page lists em dashes as one sign among many, not the main one.

Step 3: test it on your own text

Paste the AI-written text you picked and ask:

```
Rewrite this so none of those patterns are
left. Keep every fact, number and name exactly
as it is.
```

Read the result next to the original. Look for the patterns from Step 2 still left in, and check that nothing was changed in what it says. If you want it to sound more like you, paste something you wrote yourself and ask Claude to match it.

Step 4: turn it into a skill

Still in the same chat, send:

```
Turn this into a reusable skill called
Humanize, so I never have to explain
this again.
```

Claude has a skill for this called skill-creator, which Anthropic describes as one to “create new skills, modify and improve existing skills, and measure skill

performance”. Its instructions say that if the chat already holds a workflow you want to keep, it starts from that.

Expect it to ask you questions or offer to test the skill on a few examples. Answer them, then let it finish. If it gives you a file to install, follow what it tells you.

Step 5: check it’s switched on

1. Go to **Customize > Skills**.
2. Find Humanize in your list and check its switch is on. Claude can’t use a skill that is switched off.
3. If it isn’t there, open a new chat and look again. If Claude gave you a file, upload it from the **+** button, then **+ Create skill**, then **Upload a skill**.

Step 6: use it

Claude’s help pages say it uses your enabled skills on its own when they fit what you ask, and that you don’t need to call them separately. It decides from the skill’s description. So ask in plain words, like

“Write me a LinkedIn post about [topic], and use my Humanize skill.”

I haven’t confirmed that a slash command like `/human` works in the Claude chat for a skill you made. Naming the skill in your message is the way the help pages describe.

Try it on one real piece of writing and read it before you use it. If Claude misses the skill or lets old habits through, open it in **Customize > Skills**, or tell Claude what slipped through and ask it to update the skill.

Using Codex instead

OpenAI’s page on skills says Codex can build a skill for you with a built-in creator, and that Codex and ChatGPT use the open agent skills standard. These steps come from that page, and I haven’t run them in Codex myself.

1. In Codex, send `$skill-creator`, then describe what you want: a skill called Humanize that avoids the patterns on Wikipedia’s Signs of AI writing page. Paste the page text in the same message.

2. Answer its questions. It asks what the skill does and when it should trigger.
3. Codex detects new skills on its own. If it doesn't show up, restart Codex.
4. To use it, type `$` in Codex CLI or the IDE extension and pick Humanize, or ask for it by name. In ChatGPT, type `@` to pick a skill.

Written on 25 November 2026 from Wikipedia's Signs of AI writing page, Claude's help pages "How to create custom skills" and "Use skills in Claude", Anthropic's skills repository and OpenAI's skills page. Wikipedia's list changes often, and Claude changes fast: if a menu has moved, look for the same words in the app.